

<p>ชุดบทอ่าน</p> <p>(ครูตัดเป็น 6 ส่วน แจกนักเรียนกลุ่มละส่วน)</p>
<p>Influenza is one of the common illnesses of winter. It is a viral infection in the nose, throat and lungs.</p>
<p>We also call it ‘flu’. The flu may cause fever, cough, sore throat, a runny or stuffy nose, headache, muscle aches and tiredness.</p>
<p>Most people feel better after 1 or 2 weeks. But for some people it may be very dangerous. It may kill people.</p>
<p>One important and easy way of preventing the flu and other winter illnesses is washing your hands regularly. When you wash your hands, you wash away those nasty germs.</p>
<p>36000 people died from influenza in the United States of America last year. Doctors recommend us to get the influenza vaccine (the flu shot). This vaccine protects us from flu.</p>
<p>It’s best to get the vaccine in the fall, “before flu season”. Flu season starts in November and usually ends in April. December, January and February are the worst months for flu. Be careful in these months because most people have it these days.</p>

ใบความรู้ที่ 40.1 เรื่อง Influenza  
หน่วยการเรียนรู้ที่ 6 แผนการจัดการเรียนรู้ที่ 40 เรื่อง Influenza  
รายวิชาภาษาอังกฤษ อ23101 ภาคเรียนที่ 1 ชั้นมัธยมศึกษาปีที่ 3



## INFLUENZA

### Winter Illness

Be careful in winter months

Influenza is one of the common illnesses of winter. It is a viral infection in the nose, throat and lungs. We also call it ‘flu’. The flu may cause fever, cough, sore throat, a runny or stuffy nose, headache, muscle aches and tiredness. Most people feel better after 1 or 2 weeks. But for some people it may be very dangerous. It may kill people. One important and easy way of preventing the flu and other winter illnesses is washing your hands regularly. When you wash your hands, you wash away those nasty germs.



#### Answer the questions:

1. Have you ever had flu before?
2. What is the other name for flu?
3. Write 5 symptoms for influenza.
4. What do you have to do for preventing the flu?
5. How many people died from influenza in USA last year?
6. Is influenza dangerous?
7. Who recommends influenza vaccine?
8. When does the flu season start?
9. Have you had flu shot this year?
10. When does the flu season end

## Dangerous

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Influenza virus

