

# รายวิชา ภาษาอังกฤษ

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ชั้นมัธยมศึกษาปีที่ 1

## เรื่อง Meal Times

ผู้สอน ครูชนิษฐา มาลัยผ่อง



# Unit 5 Eating Out

## Meal Times



How many times  
do you eat a day?

I eat three times a day.



Food gives people energy.

People in the United States  
of America (USA)

have three main meals a day:

# Breakfast



After breakfast



# Lunch

People in the USA start their lunch between 11 am and 2 pm.



# Dinner or Supper

It starts at 4.30 pm.

Hot meals include:

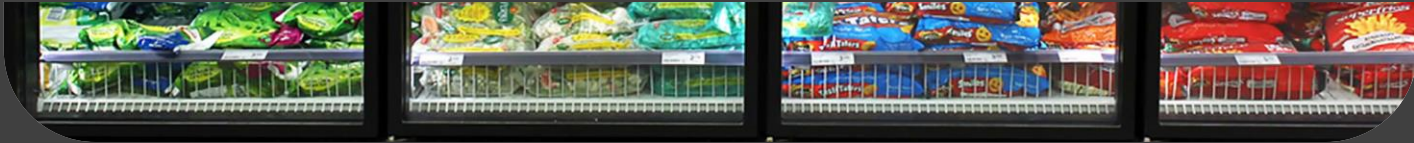




# Frozen Meal



Frozen meal is very popular. Nowadays, many families don't often have dinner together because they are too busy.



**Answer the questions.**

1. How many meal times are there?

**= Three times**

Answer the questions.

2. What time do people have breakfast?

= In the morning or  
when they wake up.

Answer the questions.

3. What time do people have lunch?

= It is between  
11 am. and 2 pm.

Answer the questions.

4. What time do people start their dinner?

= It is 4.30 pm.

## Answer the questions.

5. Which one is very popular for their dinner?

= Frozen meal.

# Writing skill

Write about your  
three main meals a day.

**Breakfast** : I have /eat ..... for breakfast  
and after meal, I drink .....

**Lunch** : I have /eat ..... for lunch and  
after meal, I drink .....

**Dinner/Supper** : I have /eat ..... for  
dinner/supper and after meal, I drink .....